

Dr. Jeffery Gaines

PMP-certified executive leader · Trainer · Organizational leader · Guest speaker



20+ years

Program & executive leadership

45+ staff · \$13M

Led at ONCIX / ODNI

PMP

Certified instructor

Speaking topics

Mission-Driven Execution

How disciplined program management turns strategy into results — lessons from federal, military, and executive service.

Leading Through Renewal

Sustaining people and organizations through change, grounded in doctoral research on Christian leadership and renewal.

Building High-Performing Teams

Practical approaches to talent development, accountability, and culture across complex organizations.

PMP Exam Mastery

What it takes to pass the PMP — and what project management excellence looks like in the real world.

Selected experience

Chief Operations Officer, BG Consulting Services

Jan 2018 – present

PMP Certification Instructor, Romeo Executive Solutions

Sep 2026 – present

Operations Officer, ONCIX / ODNI

Feb 2007 – Nov 2012

Acting deputy director for 18 months · Staff of 45+ · \$13M budget

Education & credentials

Doctor of Ministry in Christian Leadership & Renewal — Regent University

MPA — Troy State University

National Intelligence University · Army Management Staff College · OPM · Brookings · FEI

PMP · Certified Instruction Systems Designer · Author

Book Dr. Gaines for your next event

jbgaines04@gmail.com · Lakewood Ranch, FL

romeoexecutive.com